Dear Parents,

Thanks for helping get our new year underway so well. I thought I would summarise my comments to those parents who were able to attend the ‘Meet the Teacher’ evenings held this week. They were:

“Being consistent, about the things that are important is the key to good parenting (and to running a good school).”

Being consistent is hard work and takes a lot of effort and in the modern era is most probably getting harder. Here are a few things that will really help your child to do well at school.

- **Eat well** – this is big challenge when we have so much choice. Children need a good breakfast.
- **Sleep** – make sure your children have a set bedtime and get plenty of sleep. They are growing!
- **Screen time** – set clear limits and stick to them. Keep screens out of bedrooms.
- **Activity** – Aussie kids need plenty of outdoor time. Free play overcomes the ‘I’m bored’ pattern.
- **Reading time** – reading to children is great. We promote reading God’s word every day. Its writings are wise.
- **Good routines** – children thrive on routine, and being given responsibilities that are important.

There are so many inconsistent messages that our children receive, which they don’t understand. They watch their sporting heroes, who are very fit & disciplined and then they see ‘junk foods’ being actively promoted by fit young people or even by the same players.

We need to set the example in these matters, so we work together in community to help raise our children in a good and Godly manner. The following verses from Deuteronomy, are both wise, true and have stood the test of time:

> “Love the Lord your God with all your soul and with all your heart and with all your strength. These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up.”

(In 2015 we could add, in front of a screen.)

We will be helping each other this year, and every year as we aim to be consistent parents, teachers and school community members.

Yours in His Service

Nigel Bennett
Principal

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**Pilgrim Commencement Celebration**

Please join the staff of Pilgrim School at Seeds Uniting Church

Saturday 14th February 2015

5.00pm Worship for families
at Seeds Uniting Church
42 Sunnymeade Drive, Aberfoyle Park
Followed by free BBQ.

To help with catering please return a response form to Pilgrim Front Office.

Pilgrim School will be acknowledged and prayed for during the service.

We ask that parents sit with their children during worship time.
Worship & Assembly Roster

Worship and Assemblies are held each Tuesday and Thursday at 9.00am. Parents and friends are warmly invited to share in these special times in the Performing Arts Centre.

Come and join us!

<table>
<thead>
<tr>
<th>Feb</th>
<th>10</th>
<th>Mel Grierson (Pastoral Care Worker)</th>
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</thead>
<tbody>
<tr>
<td>12</td>
<td>Assembly</td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>Year 7 introduce Reception students</td>
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<tr>
<td>19</td>
<td>Assembly</td>
<td></td>
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<tr>
<td>24</td>
<td>Year 4 Worship</td>
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<tr>
<td>26</td>
<td>Assembly (Years 3 &amp; 5)</td>
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<tr>
<td>March</td>
<td>3</td>
<td>David Jenkin - worship</td>
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<tr>
<td>5</td>
<td>Assembly (Years 1 &amp; 2)</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Sue Galpin - worship</td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Assembly (Years 6 &amp; 7)</td>
<td></td>
</tr>
<tr>
<td>17</td>
<td>Year 2 Worship</td>
<td></td>
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<tr>
<td>19</td>
<td>Assembly (Reception &amp; Year 4)</td>
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<tr>
<td>24</td>
<td>Year 5 Worship</td>
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<tr>
<td>26</td>
<td>Assembly (Christian Perspectives Theme)</td>
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<tr>
<td>31</td>
<td>Assembly</td>
<td></td>
</tr>
<tr>
<td>April</td>
<td>2</td>
<td>Easter Worship</td>
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<tr>
<td>7</td>
<td>Year 7 Worship</td>
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<tr>
<td>9</td>
<td>Assembly</td>
<td></td>
</tr>
</tbody>
</table>

Thank You

♥ To our wonderful mums who have offered to be on the Laundry Roster for washing First Aid Room linen. Thank you for offering to do this: Megan Muller, Kylie Porter, Sandra Denholm, Dawn Gould, Sarah Hicks, Tanya Prendergast, Vanessa Penney, Andrea Partridge, Danielle Ritson, Cari Steele and Belinda Brumby.

♥ Sue Underdown who diligently sorts through incoming second hand clothing for our P & F Uniform Pool. Thanks for being so thorough and conscientious in doing this task.

♥ To Year 5 Parents who are organising the Barbeque for the Commencement Celebration Saturday 14th at Seeds UCA. Thank you so much!

♥ Thank you to the six mums who are on the canteen roster in 2015. Thursday is Pilgrim's day to fill help out, we appreciate these women offering their time: Tracy Friend, Lisa Perry, Tonya Bishop, Leanne Meyers, Megan Loffler and Marieke Botes.

Meet The Teacher Evenings

There was a terrific turn out of parents to these nights. We hope the information regarding what will be taught in your child’s classroom was helpful in understanding more of the school curriculum, classroom management and the year ahead.

Allergy Reminders – No Nuts

Allergy Reminders please refrain from bringing any nut products to school as we have a number of students with severe allergies. This could be life threatening to them. Avoid sending nuts to school especially peanuts, cashews and pistachio nuts.

Pancake Breakfast

We will be holding a Pancake Breakfast on Tuesday 17th February at 7.45-8.30am outside the Oasis Building. No need to pre-order. Cost is $3.00 for 2 pancakes. Money raised goes towards the Uniting Care Agencies. More information was sent home this week.

Sibling Enrolments for 2016

FOR FAMILIES WITH YOUNGER SIBLINGS

Have you double checked that your child is enrolled for Reception in 2016?

Kristen Heath is the school Registrar. Contact Kristen by email heathk@pilgrim.sa.edu.au. Kristen works Monday, Wednesday and Friday.

Application for Enrolment forms for 2016 are required as soon as possible so interviews can be arranged with Mr Bennett. Siblings have priority in the enrolment process and we need to have a clear idea of numbers of siblings, so we can know how many other placements can be offered.

Word of mouth is the best advertisement for our school – please let interested people know there are vacancies available.

New Parents’ Dinner

The New Parent Dinner will be held on Wednesday 25th February 2015. The dinner is for parents who have children starting for the first time at Pilgrim during 2015, or who started later in 2014, and don't have any other children already enrolled. Invitations are being sent home shortly.

Please reply by RSVP date. A team of Year 3 parents will be catering for the dinner, led by Angela Zimmermann and Linna Ding. Thank you to those who are able and willing to help out.

Fees

Term 1 school fee accounts have been sent home during Week 1. Fees that are paid for the full year attract a 5% discount. To receive an 'annual account' please speak to Mandy or send an email to bursar@pilgrim.sa.edu.au. Fees can be paid by credit card, cash, cheque or electronically.

School Card application forms are due now so they can be processed.

Specialist Teachers

♥ Indonesian is taught to all Pilgrim classes 2 lessons a week, Bu Oldfield works Tuesday, Wednesday, Thursday and is contactable by email oldfieldr@pilgrim.sa.edu.au

♥ Physical Education
  - Reception, Year 1 & 2 teacher is Chris Gent
  - Year 3, 4, 5, 6 & 7 teacher is Ben Searle

♥ Performing Arts
  - Reception & Year 1 teacher is Rachel Baverstock
  - Years 2-7 teacher is Lisa Cannizzaro

♥ Library – Jo Schenkel is our resource based learning teacher working in the library Monday morning, Tuesdays and Fridays.

Parent Prayer Group

Join our prayer team in 2015

Join this team which meet on a Monday morning when school starts. They meet each week for about ½ hour. You are welcome to come just when you can. Our school community will be blessed by your prayers.

Congratulations

Congratulations to ……..

We love to acknowledge children who do well in activities outside of school. Email Sue Galpin galpins@pilgrim.sa.edu.au or drop a note into the front office.
Student Changes

We were sorry to say farewell to Jessica from Year 1 last year. Jessica will now be attending another school, and we wish her well in the future.

Learning Assistance Program

Do you have a love for children? Could you spare 50 minutes a week? You don’t need to be an expert or trained teacher.

We invite interested parents and grandparents to spend one lesson a week with one student. The children in the program may:

- Have an interest or talent to be developed
- Need someone to listen and show they care
- Be experiencing difficulties with learning
- Need help and encouragement with learning

Heather Fallon (Education Support Officer) coordinates the LAP program and is keen to help volunteers do all sorts of fun activities with children (eg cooking, gardening) to build a great positive relationship. Contact Heather at Pilgrim, or email fallonh@pilgrim.sa.ed.au.

Important 2015 Term Dates

<table>
<thead>
<tr>
<th>Month</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Feb</td>
<td>14</td>
<td>Commencement Service at Seeds UCA</td>
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<tr>
<td></td>
<td>17</td>
<td>Pancake Breakfast 7.45-8.30am</td>
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<td></td>
<td>18</td>
<td>School Board Meeting</td>
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<td></td>
<td>25</td>
<td>New Parents Dinner @ Seeds Uniting Church</td>
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<td></td>
<td>28</td>
<td>Working Bee (Years 1 &amp; 4) School Tours from 10.00am</td>
</tr>
<tr>
<td>March</td>
<td>2-6</td>
<td>Year 6 &amp; 7 Aquatics Week</td>
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<td></td>
<td>3</td>
<td>Parents and Friends Meeting 7.30m</td>
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<td></td>
<td>9</td>
<td>Adelaide Cup Public Holiday</td>
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<tr>
<td></td>
<td>18</td>
<td>School Board</td>
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<tr>
<td></td>
<td>27</td>
<td>Sports Day &amp; Harmony Day</td>
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<tr>
<td></td>
<td>28</td>
<td>School Tours</td>
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<tr>
<td></td>
<td>31</td>
<td>Campus Open Day Parents &amp; Friends Meeting 7.30pm</td>
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<tr>
<td>April</td>
<td>1</td>
<td>Kyltons Delivery Day P &amp; F Fundraiser</td>
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<tr>
<td></td>
<td>3</td>
<td>Good Friday Public Holiday</td>
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<td></td>
<td>6</td>
<td>Easter Monday Public Holiday</td>
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<tr>
<td></td>
<td>7 &amp; 9</td>
<td>Parent Teacher Interviews</td>
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<tr>
<td></td>
<td>9</td>
<td>Campus Anzac Assembly</td>
</tr>
<tr>
<td></td>
<td>10</td>
<td>BBQ (catering Year 2 parents) 2.00pm finish end of term</td>
</tr>
</tbody>
</table>

Please note change of dates from original calendars for Parents & Friends Meetings.

Information Sent Home in the Last Two Weeks

- Commencement Celebration Invitation
- Year 1: Afternoon Tea
- Koorong Kids
- New Times
- Pastoral Care Letter
- SA Kids Magazine
- Year 5: Parent Help Commencement Service BBQ
- Rec- Year 2: Basketball
- Treasure Market Flyer
- Campus Summer Sports Nomination
- Year 3 – 7: Instrumental Classes at Campus
- Meet the Teacher Evenings
- Year 5: Head lice

Parents & Friends

I would like to start the year by thanking all the people who have kindly agreed to be class liaisons. We appreciate your willingness to help coordinate our social and fundraising events. We are blessed to have such an amazing parent body!

2015 Class Liaisons:

- Reception Rachael Gomez, Anneliese Gehrig
- Year 1 Rachel Wheaton, Alycia Saunders
- Year 2 Trisha Cooke, Sue Bowe
- Year 3 Angela Zimmermann, Linna Ding
- Year 4 Jodie Hoff, Ashley Hoff
- Year 5 vacancy x 2
- Year 6 Sue Underdown, Rose Jackson
- Year 7 Sue Raw, Christine Dunthorne

President: Tonya Bishop Vice-President: Jenni Forder
Treasurer: Karen Hillier Secretary: vacancy
Interested in a vacancy? Please ring me.

Term 1 Meeting Dates and February Events

Our first meeting has been changed from Tuesday 10th February to Tuesday 3rd March, 7.30pm. The second meeting is now scheduled for Tuesday 31st March (different to calendar sent home in Newsletter #1).

P&F is a great way to keep in touch with what is happening around the school and be able to add ideas and suggestions. We have two meetings each term on Tuesday nights at 7:30pm in the Pilgrim Staffroom. Everyone is welcome to attend – we would love to see you there! The minutes from our meetings are emailed to all parents to help keep you informed if you are unable to make the meetings.

The Year 5 parents are very busy at present organising the Commencement Celebration 14th February and the Year 3 parents will be catering for the New Parents Dinner on the 25th February.

On Tuesday 17th February from 7:45 – 8:30am we will be holding a Pancake Breakfast to raise money for UnitingCare. For $3 you get 2 pancakes plus toppings, tea, coffee or cordial. Please come along and help us raise money for this worthy cause. A note will be coming home soon asking for volunteers.

Pastoral Care & Coordinator Vacancy

Joy Tonkin has done a great job coordinating our Pastoral Care for Pilgrim families and is now ready to hand this voluntary position to another parent. A response form has been sent home this week asking if you may be able to help with pastoral care in a variety of ways. This is a wonderful way to express our love and concern when families have an unsettling time due to illness, sorrow, or the joy of the arrival of a new baby!

Looking forward to another great year helping our school community.

Tonya Bishop
President P & F (0438 868 249)

Baby News

- Late last year Andrew and Renee Hyde welcomed Emma Rebecca into their family. Born Saturday 6th December, little sister to Sarah (Year 4), Kate (Year 2) and Sophie. May Emma be a true blessing to the family.
- Congratulations to one of our new Reception families, the Wangs. Jenny and Lei welcomed Sarah into their family in December - a little sister to Sean (Reception).
The Campus Office attends to P.E. and Sports Teams across Campus, Music and Instrumental Programs, Crossing Monitors, Campus Events Coordination and a myriad of other tasks.

The direct number of the Campus Office is 8270 3077.

The office is open

- **Monday** 8.30am – 4.00pm
- **Tuesday** 8.30am – 1.00pm
- **Wednesday** 8.30am to 12 noon
- **Thursday** 8.30am to 12 noon
- **Friday from** 8.30am – 4.00pm

Mrs Carol Barons will be in attendance to deal with enquiries and matters relating to Campus programs.

**Campus Finance** are managed at Thiele School; please go to Thiele front office. Jo Hicks is responsible for Campus financial administration. Thiele’s phone number is 8270 4222.

**Campus Development Officer**

Mr Philip Elms promotes the Campus across the broader community. Phone the Campus Office to contact Philip on 8270 3077. Philip is involved with organising the Treasure Markets, Play Café, Community Garden, etc.

Philip’s hours are Monday, Tuesday and Friday 8.45 am to 4.00 pm.

**Parent volunteers are needed for the Campus Canteen**

**Thursday is Pilgrim’s day!**

Rosters have been sent home to volunteers.

Any extra helpers would be welcome every second Monday. Ring Maggie at the canteen by phoning 8270 3077 and ask to be put through to extension 229.

---

**Campus Library**

The Campus Library appreciates the help of a number of dedicated volunteers.

If you wish to also help in the library please talk to Maureen Dickson or Jo Schenkel about when you are available. Ring Pilgrim and we can put you through to the library, or better still call in to see them.

**Anzac Monument To Be Built On Site**

An Anzac Memorial Monument is to be erected on the old Dental Clinic site, near the staff car park.

It is hoped that the memorial will be completed in time for the end of term and we will have a whole Campus Anzac Service to celebrate the 100 year centenary planned for Friday 10th April 2015.

Principals would like the name and phone number of any parent(s) at their school who have served, or are currently serving, in the Forces. Philip Elms, the Campus Development Officer, will contact them and invite them to attend and also possibly give a talk to the children at the Campus Anzac Service.

**Gallipoli 2015**

100 year Anzac commemorations

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**Uniform Shop**

The Campus uniform shop is situated between the Campus Office and library, and is open at the following times.

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
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<tbody>
<tr>
<td>Monday</td>
<td>2.30pm -3.30pm</td>
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<tr>
<td>Wednesday</td>
<td>8.30am-9.30am</td>
</tr>
<tr>
<td>Friday</td>
<td>8.30am-9.30am</td>
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</tbody>
</table>

If you are unable to get into the shop you may order via e-mail at david@dzaustralia.com.au or phone 8276 8449

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**Community News**

*Further Information on Notice Board in Foyer Entrance*

**Happy Valley Netball Club present**

**Outdoor Cinema Night**

*Movie: Despicable Me2*

Saturday 7 February from 7.00pm

Flagstaff Hill Community Centre, Coromandel Street, Flagstaff Hill.

Bring along your bean bags, rugs and picnic baskets (no high back chairs please). Movie will start at dusk.

Sausage Sizzle, drinks and popcorn available for sale. Entry by gold coin donation.

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**School of Languages 2015 Primary Programs**

A number of language programs are offered to primary aged students by the School of Languages (Department for Education and Child Development)

- Weekly teaching and learning plan,
- Term reports mailed to parents and schools
- Cost in 2015 $75 for whole year.

<table>
<thead>
<tr>
<th>Language</th>
<th>Centre</th>
<th>Day</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chinese</td>
<td>Belair PS</td>
<td>Tuesday</td>
<td>3.30-5pm</td>
</tr>
<tr>
<td>Chinese</td>
<td>Westminster</td>
<td>Monday</td>
<td>3.45-5.15pm</td>
</tr>
<tr>
<td>French</td>
<td>Belair PS</td>
<td>Tuesday</td>
<td>3.30-5pm</td>
</tr>
<tr>
<td>Hindi</td>
<td>Adelaide High</td>
<td>Saturday</td>
<td>9am-12</td>
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<tr>
<td>Indonesian</td>
<td>Adelaide High</td>
<td>Saturday</td>
<td>9am-12</td>
</tr>
<tr>
<td>Italian</td>
<td>Adelaide High</td>
<td>Wednesday</td>
<td>4.30-6pm</td>
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<tr>
<td>Italian</td>
<td>Thiele Primary</td>
<td>Tuesday</td>
<td>3.30-5pm</td>
</tr>
<tr>
<td>Japanese</td>
<td>Adelaide High</td>
<td>Saturday</td>
<td>9am-12</td>
</tr>
<tr>
<td>Khmer</td>
<td>Adelaide High</td>
<td>Saturday</td>
<td>9am-12</td>
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<tr>
<td>Korean</td>
<td>Colonel Light</td>
<td>Wednesday</td>
<td>4.00-5.30pm</td>
</tr>
<tr>
<td>Spanish</td>
<td>Adelaide High</td>
<td>Monday</td>
<td>5-7.30pm</td>
</tr>
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</table>

For more information contact the School of Languages 8301 4800. Our front office also has enrolment forms.

**Occupational Therapy – Future Footprints**

Service includes fine & gross motor strengthening, improving coordination & position. In-Centre and School visits available.

Phone Tamra Eardley-Harris 0411 354 588 www.ffce.com.au
Ironbank Cherry Gardens Football Club 2015 recruitment program.
We require juniors of both Primary and High School age to strengthen our Junior Football Program.
please do not hesitate to contact me on 0412 637 205.
John Rosman - Junior Football Director
Ironbank Cherry Gardens Football Club

Positive Parenting Seminars 2015
Wide range of courses throughout the year including:
- Talk to Kids will Listen, Listen so Kids will Talk
- Understanding your child’s temperament
- Managing Anger in Children
- Blended Families – Survive and Succeed
- Help kids navigate sibling and peer rivalry
- Fun not fuss with Food

Visit www.effectiveliving.org to find out dates and times. Bookings essential Phone 82710329. Cost for sessions $15 per adult. $10n concession.

Get in2Fun Getin2 Cricket
Local Cricket Club at Reynella Oval. Newcomers welcome. Program covers Term 1 and Term 4, 2015 with a bonus participant pack and all equipment and coaching for $77.75. Start Date: Saturday 7th February. To register visit www.in2cricket.com.au

SACA Super 6 Smash
Girls only, friendly cricket competition for grades 2 to 7.
Time: Saturday mornings 9am to 10.15am
Dates: Saturday 7 February until Saturday 14 March 014
Where: Reynella Oval (Oval Road, Old Reynella)
Cost: $32 per participant (payable in person at first session)
Contact: Volunteer coordinator Trish Pinder 8322 6527
pinders@internode.on.net
Please register before 7th February.

KCO 2015
Students in years 2 - 6 are invited to join kids and leaders from Seeds Uniting attending the annual KCO overnight camp on March 21-22nd. Camping in tents, games, rides, activities, craft, worship, performances, music and heaps of fun! Registration forms are available from http://welcome.seedschurch.org/kco.html, or from the church office. For more information, contact David Gardiner - david@gardiner.net.au or 0428 650 005.

In the holidays some of the staff and their families got together to see the Tour Down Under ride at the Bennett’s home.
What Pilgrim Means to Me

I have been a part of Pilgrim, basically since when my older sister started in 2005 and I came to school with mum to drop her off and pick her up. I always looked forward to going to school and when I did it was the greatest experience. I started Reception at Pilgrim in 2007 and have enjoyed every single minute of it. Pilgrim is like my childhood because I can’t remember a time when Pilgrim wasn’t a part of my life. I feel so blessed to have had the privilege to attend Pilgrim for the first 8 years of my school life. It has prepared me well for whatever is to come in the next few years. I will really miss this school but feel ready to move on to high school.

Pilgrim has shaped me into the person I am today. It has taught me how great our God is and how much he loves us. Throughout this time, my relationship with God has grown so much because of all the prayer times, worships, Christian Ed lessons and devotions. The teachers have been so helpful and supportive as I have gone through the first steps of my faith journey; I could not have been who I am without them. I also really enjoyed the many worships and the musical we were able to participate in. I might not have gotten that opportunity somewhere else.

I would like to thank all those who have supported me as I have grown up from Reception to Year 7; it has been amazing thanks to you. Pilgrim means so much to me and God has blessed me so much to give me the opportunity to attend here. Thankyou.

Hannah Ricks
(Year 7 Graduate 2014)

What Pilgrim means to me

I have been at Pilgrim School for 8 years now and what can I say, Pilgrim is incredible. Going into high school is a massive step for all of us in year 7 but a lot of going into high school is letting go of our primary school. For me it is extremely hard to say goodbye to Pilgrim as it feels like giving up a family. Pilgrim school has shaped me to be a kind person in life who looks to God in times of need. Pilgrim school has grown my faith and has shown me that God is our father who protects us. Pilgrim has given me a start in life that some kids don’t get and that is something that I will remember forever.

Pilgrim is a school where I can be myself and not worry about being judged. I thank especially all the teachers who have taught me as they have made me the girl I am today along with all of my other classmates.

There have been challenges and tough times but most of all there has been memories that I will never forget. As I say to myself, don’t count the days in life, make the days count and that’s exactly what I have been doing a Pilgrim. What an experience it has been and Pilgrim school, I will miss you so much.

Thank you

Chelsea Hall
(Year 7 Graduate 2014)