



This record is to be completed by parents/carers in consultation with their child's doctor (general practitioner). Parents/Carers should inform the school immediately if there are any changes to the management plan. Please tick the appropriate box, and print your answers clearly in the blank spaces where indicated.

Personal Details

Student's name Gender: M F

Date of birth:/...../..... Year Level: Class Teacher:

Emergency contact (e.g. parent, carer):

a. Name: Relationship:

Telephone No.: (Home) (Work)

b. Name: Relationship:

Telephone No.: (Home) (Work)

Doctor: Telephone Number:

Usual Asthma Management Plan

Child's symptoms (e.g. cough):

Triggers (e.g. exercise, pollens):

Medication Requirements: Kept with child OR Kept in First Aid Room at School

Spacer Provided (as recommended with best practice for infection control by Asthma Foundation)

Name of Medication	Method (e.g. puffer and spacer, (turbuhaler)	When, and how much

In an **Emergency** follow that Plan that has been ticked (✓)

Standard Asthma First Aid Plan

Please tick (✓) the preferred box.

Step 1 Sit the student upright, remain calm and provide reassurance. Do not leave alone.

Step 2 Give 4 puffs of a blue reliever puffer (Airomir, Asmol, Bricanyl or Ventolin), one puff at a time, preferably through a spacer device*. Ask the student to take 4 breaths from the spacer after each puff.

Step 3 Wait 4 minutes.

Step 4 If there is little or no improvement, repeat steps 2 and 3. If there is still little or no improvement, call an ambulance immediately (Dial 000). Continue to repeat steps 2 and 3 while waiting for the ambulance.

**Use a blue reliever puffer (Airomir, Asmol, Bricanyl or Ventolin) on its own if no spacer is available.*

OR

My child's Asthma First Aid Plan (attached)

Additional Comments

I authorise school staff to follow the preferred Asthma First Aid Plan and assist my child with taking asthma medication should they require help.

I will notify you in writing if there are any changes to these instructions. Please contact me if my child required emergency treatment or if my child regularly has asthma symptoms at school.

Requiring an ambulance can be very expensive.

Please be aware that the cost of an ambulance for a pre existing condition (eg asthma) is **not** covered by school ambulance service.

Signature of Parent/Carer: _____

Date: _____

I verify that I have read the preferred Asthma First Aid Plan and agree with its implementation.

Signature of Doctor: _____

Date: _____