



DATES

TERM 1

Wednesday 28th February
New Parents' Dinner

Saturday 3rd March
School Tours 10.00am

Monday 5th March – Friday 9th March
Year 6 & 7 Aquatics

Monday March 12
Public Holiday Adelaide Cup

Wednesday 21st March
School Board Meeting



*Commencement Celebration
more photos inside*

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PRIMARY SCHOOL CAMPUS
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*To challenge
and inspire
children in a
Christ centred
community*

22nd February 2018

EDITION

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Dear Parents,

This week, and this year, we are focussing on two key topics: **Cyber Safety** and **Growth Mindset**. As a Christian school, we want to ensure that children have a strong foundation to their wellbeing. Our partnership is central to addressing a Godly approach to parenting and teaching.

Cyber Safety guidelines for Parents (as outlined at the Meet the Teacher Nights):

1. **Share** the parenting in the 'on-line world' with each other and with our school staff.
2. Ensure online devices are **never** in a child's bedroom – this is dangerous.
3. Set clear screen-time **limits** and **stick** to them.

Nigel Bennett
Principal

Growth Mindset

At the start of the school year, the teaching and ESO staff received a day's training in Growth Mindset from two psychologists from Psychology SA. The students throughout the school will be receiving a series of lessons to learn about mindset over the coming term.

Dr. Carol Dweck, a researcher at Stanford University, has identified two beliefs systems about intelligence. A fixed mindset is one where we believe that our children's innate abilities, talents, and intelligence are fixed. They are either good or talented at something or they are not. They can certainly learn new things, but this particular skill or subject is not really their "thing." A growth mindset is the belief that intelligence, skills, and talent are malleable, and they can change with effort, perseverance, and practice. Neuroscience explains this as neuroplasticity. We can all get "smarter." The more we repeat something; the more we deal with challenges and learn from mistakes, the more our neural connections are grown and strengthened. This shift in thinking from intelligence being fixed to the idea that it can be changed, has only arisen since the advances in technology over the past 20 years where the brain can now be studied more effectively.

Areas that we will be looking at with the students in Growth Mindset lessons are:

- How the brain functions (a basic explanation)
- Neuroplasticity (the brain's ability to reorganise itself by forming new neural connections throughout life)
- The difference between fixed and growth mindsets and how we can change our thinking from fixed mindset thinking to growth mindset thinking
- Learning from mistakes and feedback
- Grit (persistence and passion)
- Dealing with setbacks
- Learning through challenges

We aim to provide an environment where students believe that with effort and perseverance, they can succeed. We are not teaching students to simply try harder, but are equipping them to deal with challenges that come their way in their learning here at school and in the future! There are many Bible verses that support the ideas presented and these will be incorporated into our lessons. Some of these verses are:

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Romans 12:2

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. Hebrews 12:1,3

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. Philippians 4: 8

You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness. Ephesians 4: 22-24

In subsequent newsletters, I will be including some ideas for creating a Growth Mindset environment at home.

Julie Wicks
Deputy Principal

Worship & Assembly Roster

Worship and Assemblies will be held each Tuesday and Thursday at 8.55am in the Performing Arts Centre. Parents and friends are warmly invited to share in these special times.

Feb	27	Worship – Sandra Scott (Christian Schools Association)
March	1	Worship – Shane Rayner
	6	Class Assembly – Years 2 & 5
	8	Class Worship – Year 3
	13	Class Assembly - Years 6 & 7
	15	Class Worship – Year 1 Green
	20	Class Assembly – Reception Red and Blue classes
	22	Class Worship – Year 7
	27	Class Assembly – Years 1 Green & Yellow
	29	Class Worship – Year 2
April	3	Class Assembly – Years 3 & 4
	5	Class Worship – Year 1 Yellow
	10	Worship – Jenni Forder
	12	Worship – Scott Richardson

Thank You

- ♥ Thank you to the wonderful mums who have offered to be on the **First Aid Room Linen Roster**. Wendy Ellery, Rachael Gomez, Lauren MacKenzie, Bethany Jones, Katrina Elden, Laura Revill, Sheree Lyton, Alycia Wilson, Alice Ho and Emma Earl.
- ♥ Maggie in the canteen is thrilled to have parent volunteers from Pilgrim. Thank you to Chantal Paynter, Bron Minchin, Megan Loffler and Elizabeth Upton. There are a few vacancies on the roster for a Thursday, and volunteers are always welcome on a Friday as it is a busy day in the canteen.



Student Leadership Team 2018

Congratulations to the students who have been elected to represent their class for 2018

Year 3 - Hannah Jackson, Mitchell Brumby

Year 4 – Anita Kekare, Micah Bishop

Year 5 - Amaliah Gehrig, Jesse Brumby

Year 6 - Lele Zhang, Ryan Perry

Year 7 - Sarah Hyde, Nicholas Forder, Zoe Sarre, Noah Thomas



The Student Leadership Team (SLT) will be presented with their badges at a future assembly.

Year 5 teacher, Mrs Rebecca Harris, will have oversight of the SLT this year.

Dinner



The New Parent Dinner will be held on **Wednesday 28th February 2018**. The dinner is for parents who have children starting for the first time at Pilgrim during 2018, or who started later in 2017, and don't have any other children already enrolled. Invitations have already been sent home. A crêche will be available for those who need babysitters.

Year 3 parents will be helping with the dinner which is being catered for by parents Matt and Ros Sarre. Thank you to those who are able to setup, serve food and do dishes. All help is appreciated.

School Tours

Invite a friend or neighbour to our next tour.



Pilgrim School Tours
Saturday 3rd March 10.00am

For parents interested in finding out more about what is on offer at Pilgrim School.

Please encourage families to phone the school to book a tour, or simply come on the day.

Sibling Enrolments for 2019 & 2020

For families with younger siblings

The following families have siblings enrolled to start at Pilgrim in our Reception class in **2019: Brown, Moore (x2 families), Harry, Henning, Leeson, Yang, Ridings, Steel, Wheadon and Zaplatynskyj**. If you have a child commencing in Reception next year and your name is not on this list, please ask for an enrolment form at the front office, speak to Kristen Heath or email me at heathk@pilgrim.sa.edu.au. If you have friends with children due to start school next year, please let them know about Pilgrim and invite them to one of our school tours.

Our **2020** Reception class currently has siblings from the following families enrolled: **Earl, Hodges, Hyde, Moncrieff** and **Routley**. If you have a child due to start school in 2020 please speak to our Registrar, Kristen Heath, as soon as possible. This will help us decide how many new families can be enrolled.

Kristen Heath

Marketing Manager & Registrar

School Board

The School Board have just held their first meeting for the year. We would like to thank them for volunteering their time to be on the Board and supporting the school in making decisions, giving direction and governance. The School Board meets eight times a year, and some members are also involved in sub-committees dealing with building initiatives, finance, marketing and ITC.

2018 School Board Members are:

Ben Muller	Chairperson
Wendy Perkins	Deputy Chairperson
Kaylene Starczak	Treasurer
Marcus Gehrig	Board Member
Daniel Moore	Board Member
Wesley Chambers	Board Member
Brian Earl	Board Member
Rev. Dr. Jonathan Davies	Ex-Officio
Nigel Bennett	Principal Ex Officio
Claire Henning	Secretary Non-voting

Important 2018 Term Dates

Feb	28	New Parents Dinner @ Seeds Uniting Church
March	3	School Tours 10.00am
	5-9	Year 6 & 7 Aquatics Week
	12	Adelaide Cup Public Holiday
	20	Campus Open Day 9-11am
	21	School Board Meeting
	24	Working Bee (Years 1 & 4)
	26	Parents & Friends Meeting 7.30pm
	28	Kyttons Delivery Day P & F Fundraiser
	30	Good Friday Public Holiday - Easter
April	2	Easter Monday Public Holiday
	6	Campus Sports Day
	10 & 12	Parent Teacher Interviews
	13	BBQ (catering Year 2 parents) 2.00pm finish end of term

Information Sent Home in the Last Two Weeks

- ◆ Year 7 Musical Rehearsals
- ◆ Year 7: Maths USB
- ◆ Pilgrim Kiss n Drop Zone on Campus Drive
- ◆ Reception: iUnit letter to Parents
- ◆ Year 3: Excursion 27/2/18
- ◆ Year 6 & 7: Aquatics Note and Permission forms
- ◆ SAPSASA City South Swimming Carnival
- ◆ Year 6 & 7: Crossing Monitor Roster
- ◆ Year 6: Campus Choir
- ◆ Special Working Bee
- ◆ Parents & Friends: Agenda
- ◆ Reception & Year 7: Morning tea after worships
- ◆ Year 2: Flooring in Year 2 classroom



Parents & Friends

The first P&F meeting of the year was held on Monday night. We had new faces in attendance and great discussion, and we hope that more people are able to attend our next meeting. P&F meetings are an excellent opportunity to have input into the school community.

Thank you to Year 5 Families

A big THANK YOU to the Year 5 Class Liaisons, Jess Potter and Sandra Denholm, and Year 5 Families for their hard work organising and hosting the BBQ tea at the Commencement Celebration. It was a great community occasion.

New Parents Dinner

The Year 3 parents are working together to provide a welcoming environment for the new parents dinner on Wednesday 28th February. Parents Matt and Ros Sarre are doing the main bulk of the catering, while the Year 3 parents are helping stage the event. We hope this is a great way for new parents to meet each other and learn more about Pilgrim.

Easter Kyttons orders

With Easter being earlier this year, a reminder that the Kyttons Easter fundraiser will be happening soon, with order forms to be sent home.

Vacancy for P&F Secretary

We still have a vacancy for Secretary of the P&F. Please contact Dan Minchin on 0438 378 543 if you are interested in this role.

Class Liaison Vacancies

There is still vacancies for Years 3 and 6, and Year 4 would like one extra liaison to work with Charlene Gradisar.

Pancake Breakfast

Due to building works and other activities this term, Pancake Day won't be happening this year, but we are planning to have it again in 2019.

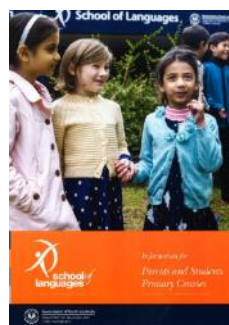
Next Meeting

The next P&F meeting is on Monday 26th March 7.30pm in the Pilgrim Meeting Room.

Dan Minchin President P & F (0438 378 543)

Email dpminchin@gmail.com

2018 School of Languages



In 2018 primary programs will be offered in the following languages: Afrikaans, Auslan, Chinese, French, Hindi, Indonesian, Italian, Japanese, Khmer, Korean, Polish, Spanish and Vietnamese.

Year 7 students who are interested in enrolling in a language at Year 8 levels have a choice of 24 languages. For the most current timetable as well as online enrolment forms visit website

www.schooloflanguages.sa.edu.au phone 83014800.

The School of Languages is part of the Department for Education and Child Development Government Schools.

Commencement Celebration 10th February

Worship was vibrant and family-friendly, including videos, singing and bible presentations. Thank you every member of our school community who attended. We appreciate the use of Seeds Uniting Church as a venue





Thank you to the Year 5 Parents who organised the barbeque for the Commencement Celebration Saturday. It was great to have such a well organised event.



Pilgrim is a SunSmart School

Think UV not heat



Ultraviolet (UV) rays are the major cause of skin cancer. The sun protection times indicate when the UV will be 3 and above.

When UV is 3 and above

- Slip on clothes that cover your arms and legs.
- Slop on SPF 30 or higher broad spectrum sunscreen. Reapply every 2 hours.
- Slap on a broad brimmed hat.
- Seek shade.
- Slide on close fitting sunglasses.

UV rays can't be seen or felt and can damage your skin on cool or cloudy days.

When UV is below 3

Sun protection isn't required unless you are near highly reflective surfaces such as snow or you are outdoors for extended periods.



Download the SunSmart app to find the daily sun protection times for your location in Australia.

cancersa.org.au/sunsmart-apps



Uniform

Please ensure that your child is dressed in the approved Pilgrim summer uniform. If you are unsure as to the requirements, please check with the School or supplier. Phone 0419846723.

DLC Uniforms are open on Campus

Mondays 2.30-3.30pm

Wednesdays 8.30-9.30am

Fridays 8.30-9.30am

Price lists are available from our Front Office.

Second Hand Uniform Pool at Pilgrim School

is run by our Parents & Friends.

Simply ask our friendly office staff about sales, or selling uniforms.

Sales are cash only.

Coles Sports for Schools Program



Parents can collect vouchers (1 for every \$10) spent at Coles. Vouchers would go towards some new sports equipment for the students on Campus. Simply send the vouchers to school and put them in white class communication boxes or give them direct to the front office.

Community News

Further Information on Notice Board in Foyer Entrance

To celebrate Bible Society Australia's bicentenary, they are giving away FREE special gifts to 1000 children born in 2017 through to 7 March 2018.

Each registered child will receive the gift of a Toddler Bible; then an annual Birthday card with suggestions to encourage their faith and family Bible reading. When they turn five years of age they will receive another beautiful gift, this time a CEV Big Rescue Bible!

For more information please visit www.biblesociety.org.au/bubs or contact us at bibles@biblesociety.org.au

Free parenting seminar

Raising brilliantly behaved children



Are you the parent of a 5 - 12 year old?
Want fewer behaviour dramas at home?

Hear psychologist, parenting author and commentator Jodie Benveniste talk about:

- dealing with challenging behaviour in ways that bring out your child's strengths and true character
- alternatives to discipline and punishment
- encouraging cooperation rather than conflict.

Wednesday 21 March

When: 7.00 - 9.00pm

Where: Adelaide Convention Centre
North Terrace, Adelaide
Riverbank Room 7 & 8
(easy access via West entrance)

Register to attend in person or view the live webcast at:

Online: <http://parentingsa.eventbrite.com.au>
Phone: 8303 1660
Email: health.parentingsa@sa.gov.au

Presented by Parenting SA.
For more information about raising children visit www.parentingsa.gov.au or www.cyh.com

For the benefit of all participants we request no babies and young children.

Helping parents be their best



IRONBANK CHERRY GARDENS

FOOTBALL CLUB

www.ironbankfc.com.au

Cnr Ackland Hill Rd and
Cherry Gardens Rd.
Cherry Gardens

RECRUITING FOR ALL JUNIOR FOOTBALL PLAYERS FOR 2018 SEASON

We are a family friendly community based club within 5-10mins of major centres, including Blackwood, Stirling, Coromandel Valley, Upper Sturt, etc.

If you are interested in joining our club and playing in the **U8s, U10s, or U12s** for the 2018 season, please contact us:

IBCGFC Junior Director – Andrew O'Keefe
(0403 929 247)

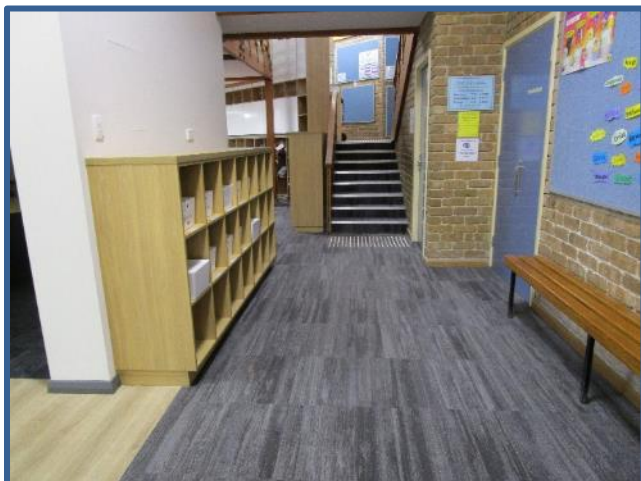
Or email info@ironbankfootball.com.au

Training will be held on Wednesday nights and games to be played on Friday nights

THANK YOU TO ALL THOSE WHO HAVE HELPED WITH WORKING BEES



At the beginning of the build



Carpets, lockers and wash up area are now completed for Year 1



BUILDING WORKS ARE CONTINUING AND ARE GOING TO PLAN.

The Year 2s are off to great places...

